

Spirit Journey Workshop: Level 1

DATE: Saturday, Sept. 14, 2013

TIME: 10:00 a.m. - 5:00 p.m.

PLACE: Beautiful healing dome location in Niwot. Karen's cell phone for that day is

303-810-6486

RSVP: Karen@KarenRiceKing or call Karen at 303-665-0175

WORKSHOP DESCRIPTION:

 The history of ancient healing and spiritual practices of Indigenous Americans and other groups.

- How to "Travel" or journey to the Upper World, the Middle World, and the Lower World to meet your Spirit Guides, and Power Animals. The journey is a tool for DIRECT REVELATION enabling you to ask your Spirit Guides questions you have about your life, your relationships, and your purpose here on earth.
- Receive messages outdoors from the land around the Dome, revealing more about your connection to the earth. You may use these processes in combination with any religious or spiritual practice.

BRING: Your lunch, notebook, pen, drum, rattle or "sound maker," pillow, eye cover, blanket, and pad to lie down on (if desired). Wear comfortable clothing.

COST: \$150 by check or credit card, which includes the book and CD required for the course, Shamanic Journeying: A Beginner's Guide, by Sandra Ingerman; and a do-it-yourself kit of Egyptian Method Earth Acupuncture rods and instructions, from texts used by the ancient Egyptians for creating Sacred Space.

BACKGROUND: Karen Rice King has a double degree in World Religion and Counseling Psychology, and has taught Shamanism for over 30 years. She was initiated by Serge King in Kahuna healing at the Theosophical Society in the early 1970s; and later went on a Vision Quest with Sun Bear. She has studied and worked with Sandra Ingerman, a Shamanic teacher and author, since the 1990s. Sandra was the Education Director with the Foundation of Shamanic Studies, founded by Michael Harner, who introduced shamanism to the US in the 1960s.

TESTIMONIAL: The journeying session with Karen was one of the most powerful events in my life. She opened my mind to new strengths, visualizations, and mediations that have helped enhance my awareness. I have a wonderful life with family, friends and career, which is in Western medicine and biology, and I have helped discover some of the biochemical effects of light on healing. Karen is helping me explore deeper into this world, and I hope Karen and I can assist each other in discovering new boundaries and merge some of our knowledge and teachings. - Vivian K. Dullien, Ph.D., Boulder, Colorado