

Spirit Journey Workshop: Level 2

DATE: Saturday, July 20, 2013

TIME: 10:00 a.m. - 5:00 p.m.

PLACE: Healing Dome on Niwot Road, just east of Boulder. Karen's cell phone for that

day is 303.810.6486

WORKSHOP DESCRIPTION: You must have completed the Basic Journeying class from the Foundation of Shamanic Studies (Shamanism.org); or from one of the teachers on ShamanicTeachers.com; or Karen's *Spirit Journey: Level 1* class. We will travel deeper into the healing methods from the ancient indigenous peoples of the Americas with Karen demonstrating a traditional Soul Retrieval and Extraction.

We will spend most of the day exploring the Upper and Lower Worlds and receive more guidance from our Teachers and Power Animals. We will learn a "writing" journey and also practice the "walking journey," as we will be out in Nature for part of the day. All these activities will enable us to envision our lives more clearly so that we may walk on our Soul's path. This work combines beautifully with a meditation/prayer path and only adds to your spiritual experiences and practices, as it is not exclusive in any way.

BRING: Your lunch, notebook, pen, drum, rattle or "sound maker," pillow, eye cover, blanket, and pad to lie down on (if desired). Wear comfortable clothing.

COST: \$125 which includes the required book, *Awakening to the Spirit World* plus CD, by Sandra Ingerman and Hank Wesselman. This class is a prerequisite for Karen's advanced course, **Beyond Spirit Journey**, which she is holding in 4 separate sessions beginning May 2014 and ending in September 2015.

RSVP: Pre-registration required at Karen@KarenRiceKing or call Karen at 303.665.0175.

BACKGROUND: Karen Rice King has a double degree in World Religion and Counseling Psychology. She was initiated by Serge King associates in Kahuna Healing at the Theosophical Society in the early 1970s. Then in the early 1980's Karen took her Vision Quest, Medicine Wheel, Sweat Lodge and Kiva training with Sun Bear. She taught at the Boulder Free School for several years. Karen is one of Sandra's recognized Global Teachers of CORE SHAMANISM, which includes Death & Dying, Soul Retrieval, Extraction & Healing with Spiritual Light, and Medicine for the Earth.