



Karen Rice King, B.A.
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Shamanic Healer/Teacher ☾ Master Dowser ☾ Ordained Minister

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Spirit Journey: Level 1

February 8, 2014: 10 am - 5 pm at The Dome on Niwot Road, Boulder, Colorado

Learn the history of ancient healing and spiritual practices of Indigenous Americans and other groups. You will "travel" or journey to the Upper World, Middle World and Lower World to meet your Spirit Guides and Power Animals. You can ask them questions about your life, your relationships, and your purpose here on earth. You will receive messages outdoors from the land, revealing more about your connection to Nature and the earth.

Cost: \$150 includes the book and CD, *Shamanic Journeying: A Beginners Guide*, by Sandra Ingerman, and a do-it-yourself kit of Egyptian Method Earth Acupuncture rods and instructions for creating sacred space.

Registration: Karen Rice King (303) 665-0175 or email Karen@KarenRiceKing.com

Spirit Journey, Level 2

March 8, 2014: 10 am - 5 pm at The Dome on Niwot Road, Boulder, Colorado

Traveling deeper into the healing methods from the ancient indigenous peoples of the Americas, we will see a demonstration of a traditional Soul Retrieval and Extraction. Exploring the Upper and Lower Worlds, we will receive guidance from our Teachers and Power Animals. We will practice a "writing" journey and a "walking journey" in Nature, which will enable us to envision our lives more clearly so that we may walk on our Soul's path.

Pre-requisite: *Spirit Journey: Level 1* from Karen King, or the Basic Journeying class from the Foundation of Shamanic Studies, Shamanism.org; or from one of the teachers listed on ShamanicTeachers.com.

Cost: \$125 which includes the book and CD, *Awakening to the Spirit World*, by Sandra Ingerman and Hank Wesselman.

Registration: Karen Rice King (303) 665-0175 or email Karen@KarenRiceKing.com

Note: *Spirit Journey Level 1 (or its equivalent) and Spirit Journey Level 2 are a pre-requisite for Karen's advanced workshop Beyond Spirit Journey, which will be held in four separate sessions from May to November 2014.*