

## **Medicine for the Earth**

In the midst of global turmoil, there is a way for us to find our center and bring balance back into our lives, healing both ourselves and Mother Earth.

Sandra Ingerman, author of *Medicine for the Earth: How to Transform Personal and Environmental Toxins*, studied alternative methods of reversing pollution for 20 years and spoke about this spiritual practice at the United Nations on July 27, 2006. "Using these principals in ceremony," she stated, "has been scientifically proven to change polluted water back to a more neutral state."

These same principals were used in 2004 in a heart study at the University of Michigan. Patients who continued to use this daily practice are doing better than those who have not been exposed to these techniques.

A **Medicine For The Earth**© gathering teaches ways to embody the divine and be fully present with it. Participants learn to move beyond their physical form, connect with "divinity," and bring that power through their very being. They radiate this energy throughout their bodies, out to the earth and to those around them, by transmuting disharmony and bringing it back into its natural state of coherency.

**Medicine For The Earth**© enhances all spiritual or religious practices. Ingerman says, "When we apply these principles and spiritual practices to our lives, the focus is not 'what we are doing' but 'who we are' that changes the world."

For more information, please go to **ShamanicTeachers.com**; email Karen@KarenRiceKing.com; or call Karen at 303.665.0175.

Karen Rice King has a double degree in World Religion and Counseling Psychology, and has taught Shamanism for over 30 years. She studied Kahuna healing at the Theosophical Society with Serge King in the early 1970s; and later went on a Vision Quest with Sun Bear. She has studied and worked with Sandra Ingerman, a Shamanic teacher and author, since the 1990s. Sandra was the Education Director for 28 years with the Foundation of Shamanic Studies, founded by Michael Harner, who introduced shamanism to the US in the 1960s.